

SADNESS Alienated Bored Defeated Depressed Despairing Disappointed Discouraged Grief-stricken Hopeless Insecure Lonely Miserable Pessimistic Rejected Unhappy	FEAR Agitated Anxious Concerned Frightened Jumpy Nervous Panicked Scared Shocked Shy Tense Terrified Uncertain Uneasy Worried	HAPPINESS Agreeable Amused Blissful Cheerful Content Delighted Eager Ease Elated Engaged Enjoyment Enthusiastic Euphoric Excited Exhilarated Flow Glad Gratified Harmonious Hopeful Interested Joyful Lighthearted Meaningful Optimistic Peaceful Pleasure Proud Relieved Satisfied	LOVE Acceptance Admiration Adoring Affectionate Allegiance Attached Attraction Belonging Caring Cheerful Compassionate Connected Desire Devoted Empathetic Interested Kind Passionate Protective Respectful Tender Trust Vulnerable Warm
ANGER Agitated Annoyed Contentious Cranky Enraged Exasperated Frustrated Furious Impatient Irritated Resentful	SHAME Disgraced Disgusted (at self) Dishonored Disreputable Embarrassed Guilty Humiliated Invalidated Remorseful Stigmatized		
JEALOUSY Competitive Deprived Distrustful Envious Grudging Jealous Possessive Resentful	DISGUST Appalled Dislike Insulted Intolerant Offended Put off Repulsed Revolted		

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