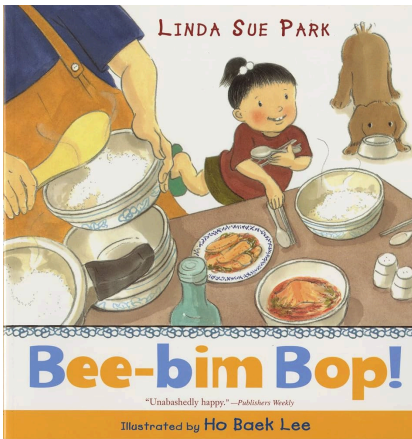


AmazeWorks Pre-K Book Lesson



Book Title

Bee-bim Bop!, written Linda Sue-Park and illustrated by Ho Baek Lee

Book Summary to Share With Children

Today we are going to read a story about a Korean American girl who is very hungry for her favorite Korean dish, Bee-Bim Bop. Listen to find out all the things her family does to make this meal.

Reflection Questions for the Caregiver/Educator

As a complete sensory experience, food can be a powerful trigger for many people, and our society has created a culture of shame and judgment around food.

- What has been your relationship with traditional familial or cultural foods?
- When have you experienced or witnessed judgment about a particular food, and what memories and emotions arise for you when you think about that judgment?
- How can you create an environment of curiosity and open-minded acceptance around food differences in your classroom?

Background Information for Teacher

Food is often an important part of family traditions and home cultures. Children who have non-dominant ethnic or cultural backgrounds may feel self-conscious about or embarrassed by bringing a favorite ethnic food to school for lunch or sharing about the foods they eat at home for fear of judgment and teasing. This book highlights the sheer joy the Korean American main character has for preparing and eating her favorite Korean meal and can serve to encourage children to proudly share about their favorite foods and family culinary traditions. Additionally, talking about favorite foods is an important way for children to connect with each other and discover similarities and differences. This book helps children understand and accept that each person's food likes, dislikes, and traditions might be different from their own.

Connection to Social-Emotional Learning and Anti-Bias Education

SEL

Self-Awareness

Self-Management

Social Awareness

Relationship Skills

Responsible Decision-Making

ABE

Empathy and Understanding

Healthy, Complex Identities

Respect Across Differences

Notice, Name, and Reject Bias

Responsiveness and Action

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Discussion Questions (Essential questions bolded)

- 1. Explain that Bee-Bim Bop is a traditional Korean dish.**
- 2. What are some of the ingredients in Bee-Bim Bop?**
3. What do you get hungry-hungry-hungry for?
- 4. What are some special foods that your family eats together?**
5. Where does your family go to get food?
- 6. How do you help your family prepare food at home?**
- 7. What is similar in this story to you and your family?**

Journal Prompts & Extension Activities

Invite students and their caregivers or families to write down a favorite recipe and contribute to a class collection of recipes. Recipes may be written in the family's home language and translations provided as possible. Young children may contribute drawings; older children may help with the writing. The resulting collection can be displayed and shared among classroom families. You can also host a potluck in which families bring in a favorite recipe to share and talk about their family food traditions.

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